

# Harvest ridge organics

## WHOLE GRAIN WHEAT PROTEIN BREAD

### Easy bread machine recipe

It doesn't have to be difficult to bake healthier breads. Enjoy this Whole Wheat Bread made in the bread machine.

**Prep & cooking Time: Depends on the bread machine. Usually around 4 hours**

**Yield: One Large Loaf**

#### **Ingredients:**

- 1-1/2 cup plus 2 tablespoons of water
- 2 tablespoons vegetable oil
- 4 tablespoons salted butter
- 2 teaspoons salt
- 1/3 cup whey protein powder
- 1/3 cup packed brown sugar
- 4-1/4 cups Harvest Ridge Organics whole wheat flour
- 3 tablespoons nonfat dry milk
- 2 teaspoons Fleischmann's active dry bread machine yeast

#### **Preparation:**

Place ingredients in bread machine pan in order listed or according to manufacturer's directions. When adding the yeast last, make a small well with your finger to place the yeast. This will insure the proper timing of the yeast reaction. Use Whole Wheat or Timed Cycle, or according to manufacturer's directions.